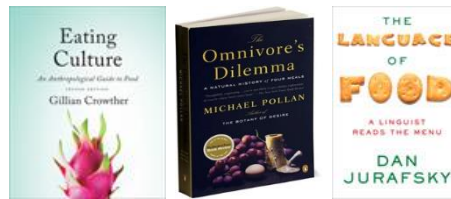


Anthropology of Food Week 5



## "Cooks and Kitchens"



## Midterm Exam

### Midterm Exam Study Questions

## Catch Up

## After the Exam

### Food and Culture

## Food and Religion (Intro.)

## Video Explorations:

*Food for Body and Spirit (29 min.)*

## Assignments and Events

### Readings for the Semester

### Class Slides for the Semester

## **Discussion This Week:**

Anthropophagy

## For Fun Food Trivia

# Midterm Exam . . .

—next week.

When they are available—and that will be shortly—use the annotated questions from the assignment of last week as **study questions**.

**They will be at**

[https://canvas.umn.edu/courses/149026/discussion\\_topics/533864](https://canvas.umn.edu/courses/149026/discussion_topics/533864)

Other **Information on the Midterm Exam** is available at

## **Midterm Exam General Information**

[http://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams\\_midterm.html](http://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams_midterm.html).

**This could be a handy reference  
when reviewing the readings for the exam:**



([link](#))

# Catch Up

**This week take a little time to catch up . . .**



## After the Exam . . .

we'll spend much of the rest of the semester (up until it we look at your **Research Project**) examining how people get their food in nonindustrial and industrial cultures, and in exploring the social, corporeal, sacred, psychological, political, economic, and cultural aspects of food—that's the holistic anthropology approach (you remember that from Week 1).

In short, after the Midterm Exam,  
**"Food and Culture"**  
will be our focus.

And, hopefully, in the last part of the term you will be **applying your analytical anthropological skills** that you have been developing and honing in the first four weeks of the course.

## Food and Religion (Intro.)

We begin our focus on Food and Culture this week by looking at **food as medicine**, and how food amongst traditional Chinese Buddhists **unites families**.

## Video Explorations

**So this week you should watch the short (29 min.) film *Food for Body and Spirit***—the second film of a classic four-part series, *A Taste of China*—the film shows **how in traditional Chinese culture religion and food has united families for over a thousand years**.

*Food for Body and Spirit* visits a sacred Taoist retreat, high on Blue City Mountain in Szechuan Province, China.

 ***Food for Body and Spirit* (29 min.)**

[\*Food for Body and Spirit\* Viewing Guide](#)



Next week we'll have a look at another film as part of a “**controlled comparison**” involving . . .  
—**Chinese : Buddhism : Food  
in China and Malaysia**

In *Food for Body and Spirit* we have a look at a Chinese Taoist temple and Buddhist Slow Food and Locavorism which has a thousand year history . . . and we see **how food holds Chinese culture together . . .**

Next week, in *The Pig Commandments*, we'll see **how food tears apart** a major segment of Chinese culture in Malaysia.




*"Extreme Cuisine" Short Video clips*  
<<https://canvas.umn.edu/courses/149026/assignments/867986>>

Have a look at . . .

## Assignments and Events

. . . **this week** as they are listed on your **"Calendar"**.

They are also listed on the **"Syllabus"** section of your  **canvas** folder, if you prefer to have them in another form (see below).



**This Week's "Calendar"**

**REM: Links on screenshots are not “hot” (active)**

SUN	MON	TUE	WED	THU	FRI	SAT
9	10	11	12	13	14	15
1a AF What's Happening Week 5? AF Wk 5 For Fun Food Trivia: If you had to eat a human to survive, which body part should you pick first?	1a AF Wk 5 Readings	Ketchup	AF Wk 5 Video: Food for Body and Spirit (29 min.)	AF Wk 5 View On-line: National Geographic "Extreme Cuisine" Short Videoclips	AF Wk 5 Discussion: Anthropophagy AF Wk 5 Review for Midterm Exam	(optional) AF List of Readings for the Entire Semester (useful for reviewing for Midterm Exam)

The links to the on-line movies are on your Canvas calendar

**The “Syllabus” version is found here:**

ANTH 3888 (080)

2020 Spring (12/30/2019-0...

Recent Announcements

Welcome!

Posted on: Dec 17, 2019 at 1:21pm

ANTH 3888 (080) Anthropology of Food (Spring 2020)

Subject Index:  
A e B e C e D e E e G e H e I e J e K e L e M e N e O e P e Q e R e S e T e U e V e W e X e Y e Z e









Welcome to Anthropology of Food

Spring 2020 Greetings

**In the “Syllabus” version the assignments look like this:**

**REM: Links on screenshots are not “hot” (active)**

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Sun Feb 9, 2020	 AF What's Happening Week 5?
	 AF Wk 5 For Fun Food Trivia: If you had to eat a human to survive, which body part should you pick first?
Mon Feb 10, 2020	 AF Wk 5 Readings
Tue Feb 11, 2020	 Ketchup
Wed Feb 12, 2020	 AF Wk 5 Video: Food for Body and Spirit (29 min.)
Thu Feb 13, 2020	 AF Wk 5 View On-line: National Geographic "Extreme Cuisine" Short Videoclips
Fri Feb 14, 2020	 AF Wk 5 Discussion: Anthropophagy
	AF Wk 5 Review for Midterm Exam
Sat Feb 15, 2020	 (optional) AF List of Readings for the Entire Semester (useful for reviewing for Midterm Exam)

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**The links to the on-line movies are on your Canvas Syllabus**

## For Fun Food Trivia . . .

**If you had to eat a human to survive, which body part should you pick first?**



Answer

If you have any **questions** right now, please do not hesitate to post them on the  **Canvas** Course “Chat”, or e-mail [troufs@d.umn.edu](mailto:troufs@d.umn.edu), or stop by Cina 215 if you’re in the neighborhood [[map](#)].

Best Regards,

Tim Roufs

<http://www.d.umn.edu/~troufs/>